



NAZAR,

AUR uske asrat ka RUHANI ILAJ

Nazare bad ka lagna haq hai. (Bukhari)

Allah ke faisle aur uski taqdeer ke bad meri ummat ke aksar log nazar ki wajah se marte hai.(Tayalisi)
Nazar aadmi ko (allah ke hukm se) pagal bana deti hai,yaha tak ke wo uoonchi jagah chadhta hai,
phir waha se gir padta hai. (Assilsilatu Ssaheehah)

Nazar aadmi ko qabr me aur uoont ko handi me pahuncha deti hai. (Assilsilatu Ssaheehah)

Yad rahe ke achhi nazar bhi lagti hai aur buri nazar bhi yani koi dushmani aur hasad se dekhe
ya pyar wa muhabbat se. agar dekhne wale ne nazar ki duaa nahi padhi to nazar lag sakti hai.

Apne ma bap,biwi bachche,dukan makan,gaadi ya kisi bhi niamat par nazar pade aur wo achhi
lage to nazar se hifazat ki duaa padh lena chahiye.duaa ye hai

1) Maa shaallahu la quwwat illa billahi. 2) Allahumma barik feehi walaa tazurrahu.



Nazar lag jane ki nishaniya

- 1) Jism me kamzori aur thakan mehsus hona .
- 2) Khane ki ragbat na hona.
- 3) Chehre ka pila padna ya asli colour se hatna.
- 4) Badan me hararat mehsus hona.
- 5) Rona aana bagair wajah ke.
- 6) Sine me sakht ghutan ka ehsas hona.
- 7) Bar bar Jamai aana (Yawning).
- 8) Suste rehna kaam ki takat na hona.
- 9) Kabhi kabhi achanak chakkar aana.

- 10) Aksar ulti jaisa hona.
- 11) Pet me taklif rehna.
- 12) Dono hath aur paio me dard hona.
- 13) Aksar sar me dard rehna.
- 14) Badan me dard ghumna.
- 15) Dakare aana.
- 16) Aisi bimari lagna jo dawa se achi na ho.
- 17) Aamal ki pabandi na hona.
- 18) Aurto ke baal girna.
- 19) Doodh pilane wali mao ko dudh na aana.
- 20) Miya biwi me nafrat aur doori paida hona.
- 21) Rishtedaro se, dosto se jaan pehchan walo se wahshat hona.
- 23) Karobar, mansab, ohde ka barbad ho jana.
- 24) Karobari me rukawat paida hona.
- 24) Jis kaam me aap expert hai woh karne jayenge to ya to susti aa jayengi ya bimar pad jayenge.



Ye sari nishaniya nazarebad ki hai. har shaksh apne bare me gaur kar le aur koi bhi alamat apne andar paaye to ilaj kar le jo ke bahut aasaan hai aur niche diya ja raha hai



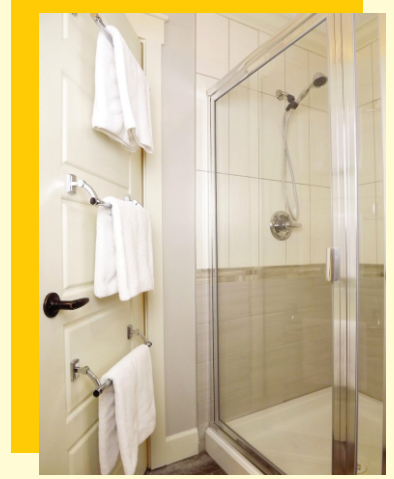
Rozana usi tariqe se ilaj kare jaisa ke ruqya aur zaitoon ke tel se ilaj ki tarteeb me bataya gaya hai aur uske sath ye niche likha hua amal bhi kare. 1/2 balti pani me pani le. bathroom ke bahar dono hath pani me dubakar niche batayi hui chiz 7 ya 11 ya 19 bar padhe.

- 1) Darood sharif koi bhi.
 - 2) Surah fateha.
 - 3) Aayatul kursi.
 - 4) Surah nasr.
 - 5) Charo qul.
- Darood sharif koi bhi.**

Ye sari chize padh kar pani par dam nahi karna hai aur us pani se naha le. Is pani se nahane ke bad dusre pani se bhi naha sakte hai. is amal se in sha allah nazar ke sare asarat khatm ho jayenge aur nazar ki wajah se jo bhi taklif hai jismani ya karobari sab thik hona shuru ho jayegi. shuru me kam az kam 19 din ye amal karle aur baad me hafte me kam az kam koi bhi 2 din ye amal kar le.

Aur iske alawa aik aur aasan tariqa hai jisko roohani gusl kehte hai jo mujarrabul mujarrab hai jiska tariqa niche likha hua hai.

- 1) Darood sharif koi bhi.
 - 2) Surah fateha.
 - 3) Aayatul kursi.
 - 4) Surah nasr.
 - 5) Charo qul.
- Darood sharif koi bhi.



ye sab chize 3 ya 5 ya 7 ya 9 ya 11 ya 19 me se jitni martaba padhna chahe padhkar apne uper dam kare aur bathroom me baye pair se dakhil ho jaye aur dakhil hote waqt ye dua padhe **“Allahumma enni aoozu bik minal khubusi wal khabaaais”** aur jab nahayenge to dil hi dil me ye dua padhte rahe aur tasawwur kare ke sab taklife aur bimariya pani ke sath nikal rahi hai phr bathroom se bahar nikalte waqt daye pair se nikle aur dua padhe **“Gufranak alhamdu lillahillazi azhaba annil aza wa aafani”** padhe aur jitni martaba uper batai huwi soorte padhi hai utni hi martaba phir se padhe aur pani par dam kar ke pi le. is amal se inshaAllah sari roohani taklife aahista aahista door ho jayegi aur bimariyo se shifa bhi ho jayegi. shuru me kam az kam 19 din ye amal kare ya jitni zaroorat ho karte rahe aur phir hafte me kam az kam 2 martaba ye amal karte rahe.



Aur baaz martaba khane par ya khane me koi makhsoos chiz par nazr lag jati hai uska aur woh nazar jo pet me utar gayi ho uska asaan ilaj ye hai ke 7 adad hari ilaichi le le aur har ilaichi par surah quresh 7 bar padhe is tarah se kul milakar surah quresh 49 martaba ho jayegi aur woh 7 ilaichi ek din me kha lena hai. is tarah 7 din ye amal lagatar karna hai. inshallah nazar ke sare asarat khatm ho jayenge aur pet se nikal jayenge.



Isi tarah koi aisa aadmi ho jo bimari ki wajah se pani wala nazar ka amal nahi kar sakta ho to usko aur iske alawa 2 saal ki umar tak k chote bache ko uper wali surte aur niche likhi hui dua padh kar chehre par har ghante bad 7 ya 11 ya 19 martaba padhkar dam kare aur **pani par dam karke pilaye** aur jo tel bacheke liye munasib ho uspar padhkar lagaye warna sirf pani pilate rahe inshallah shifa ho jayegi.



Iske alawa aik asaan tarika ye hai ke 1/4 balti pani bhar kar usme 1/4 kg namak dalkar usme apne dono pair dubaye aur uper batayi hui ayate padhe aur amal pura hone ke baad pani par dam nahi karna hai aur wo pani kisi jagah bhi baha de. usse bhi har qism ki nazar kat jayegi. is amal se jadu, jinnat, nazar sab kuch baatil ho jata hai aur ye amal bhi jab tak shifa na ho karna chahiye aur jitne bhi amal hai .ilaj ke bad bhi zarurat padhe to unhe dobara kar lena chahiye .



aur iske alawa baaz martaba hame apni khud ki nazar lag jati hai jiska aasaan ilaj ye hai k jab hum gusl karte hai to pehle wazu kare aur wazu ka istemal kiya hua pani jama kare aur us pani ko jism par bahaye aur phir dusre pani se nahale isse bahut nafa hota hai aur jadu aur bandish ka zor aur shaitan ka zor tut jata hai .



(1) Nazar bad ko door karne ki dua

Allahumma zassultanil azeem,zal mannil qadeem,zal wajhil kareem,Wa liyyal kalimaati-ttaammati waddaawaatil mustajaabaati Aafi min anfusil jinni wa a'ayunil inns. (aafike baad jiske liye dua padhni ho uska naam le).

(2) Nazar bad ko door karne ki dusri dua

bismillaahi arqeeq. Wallaahu yashfeeka min kulli daain yuazeek. Wa min sharri kulli nafsin aw ainin haasidin allaahu yashfeeka bismillaahi arqeeq.

Aur agar pani wale amal se fayda na ho to 11 adad lal mirch(Kashmiri mirch ho to behter hai) Tez, Sahi Salim, Dandi k sath aur usme surakh na ho lekar usko aik kagaz me rakh kar uspar 3 martaba darood shareef padh le, phir har mirch par 1 bar surah fateha padhein aur dam kare, phir sab ko jama karke 3 martaba darood shareef padh le aur usko mareez k sar se pav tak ache se utare yahatak k nazar ke utar jane ka itminan ho jaye phir usko jala diya jaye,jalane k waqt agar mirch jalne ki dhans na aaye aur khansi wagairah na ho to samajh jana chahiye k abhi aur nazar baqi hai to usi waqt phir se amal kare ya kuch dino tak amal karte rahe yaha tak ke amal ke baad mirch jalane se dhans aajaye aur dhans na bhi aaye to shifa hasil hone tak karte rahe. ye amal kisi hadith me nahi sirf tajrabe par mabni hai,aur aise ruqya me haraj nahi jisme shirk na ho.



Note : Pahle pani wala amal kare. usse shifa na ho to ye amal kare InshaAllah fayda hoga.

